



# 2018 SUMMARY OF BENEFITS

## PHP CARE COMPLETE FIDA-IDD PLAN (MEDICARE-MEDICAID PLAN)

Partners Health Plan is a managed care plan that contracts with Medicare, the New York State Department of Health (Medicaid) to provide benefits to Participants through the Fully Integrated Duals Advantage for Individuals with intellectual and Developmental Disabilities (FIDA-IDD) Demonstration.

[phpcares.org](http://phpcares.org)



## PHP Care Complete FIDA-IDD (Medicare-Medicaid) Plan: **Summary of Benefits**

 **This is a summary of health services covered by PHP Care Complete FIDA-IDD Plan for 2018. This is only a summary. Please read the Participant Handbook for the full list of benefits.**

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- ❖ Partners Health Plan is a managed care plan that contracts with Medicare and the New York State Department of Health (Medicaid) to provide benefits to Participants through the Fully Integrated Duals Advantage for individuals with Intellectual and Developmental Disabilities (FIDA-IDD) Demonstration.
- ❖ It is for people with both Medicare and Medicaid and who meet other eligibility requirements for the FIDA-IDD Demonstration.
- ❖ Under PHP Care Complete FIDA-IDD Plan you can get your Medicare and Medicaid services in one managed care plan called a FIDA-IDD Plan. A PHP Care Complete FIDA-IDD Plan Care Manager will help manage your care needs.
- ❖ This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information contact the plan or read the Participant Handbook.
- ❖ Limitations and restrictions may apply. For more information, call PHP Care Complete FIDA-IDD Plan Participant Services or read the PHP Care Complete FIDA-IDD Plan Participant Handbook. This means that you need to follow certain rules to have PHP Care Complete FIDA-IDD Plan pay for your services.
- ❖ The List of Covered Drugs and/or pharmacy and provider networks may change throughout the year. We will send you a notice before we make a change that affects you.
- ❖ Benefits may change on January 1 of each year.
- ❖ If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-855-747-5483 and 711 for TTY users during the hours of 8AM to 8PM, seven days a week. The call is free.
- ❖ Si usted habla español, se encuentran disponibles para usted servicios sin cargo de asistencia con el idioma. Llame al 1-855-747-5483 y al 711 para los usuarios de TTY de 8:00 a. m. a 8:00 p. m., los siete días de la semana. La llamada es gratuita.
- ❖ Если Вы говорите на русском языке, Вам доступна бесплатная языковая поддержка. Звоните по телефону 1-855-747-5483 и 711 для пользователей линии TTY/TDD с 08:00 до 20:00, без выходных. Звонок бесплатный.



**If you have questions**, please call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483 and TTY users call 711, 8 AM to 8 PM, seven days a week. The call is free. **For more information**, visit [www.phpcares.org](http://www.phpcares.org).

## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

- ❖ 如果您說中文，您可以獲得免費的語言協助服務。請致電 1-855-747-5483，TTY 使用者請致電 711，服務時間為每週七天，上午 8 時至晚上 8 時。本電話為免付費電話。
- ❖ You can get this document for free in other formats, such as large print, braille, or audio. Call 1-855-747-5483 and 711 for TTY users during the hours of 8AM to 8PM, seven days a week. The call is free.
- ❖ If you would like to make a standing request for a preferred language or format, call PHP Care Complete FIDA-IDD Plan Participant Services. The number is 1-855-747-5483 and 711 for TTY users during the hours of 8AM to 8PM, seven days a week. The call is free.
- ❖ Puede obtener esta información gratis en Español. Llame a Servicios del Participante al 1-855-747-5483 durante las horas de 8:00 am a 8:00pm, 7 días de la semana. Usuarios de TTY llamar al 711. La llamada es gratuita.
- ❖ Вы можете получить эту информацию бесплатно на русском языке. Звоните в Отдел обслуживания участников плана по телефону 1-855-747-5483 с 8:00 утра до 8:00 вечера, 7 дней в неделю. Пользователи TTY звоните по телефону 711. Звонок бесплатный.
- ❖ 您可免費獲得到以上的中文資訊，請致電參與者服務電話 1-855-747- 5483，辦公時間為上午8時到下午8時，每週7天。聽力語言殘障服務專線(TTY)用戶請撥打711。該電話為免付費通話。
- ❖ The State of New York has created a participant ombudsman program called the Independent Consumer Advocacy Network (ICAN) to provide Participants free, confidential assistance on any services offered by PHP Care Complete FIDA-IDD Plan. ICAN may be reached toll-free at 1-844-614-8800 (TTY users call 711, then follow the prompts to dial 844-614-8800) or online at [icannys.org](http://icannys.org).



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# PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

The following chart lists frequently asked questions.

Frequently Asked Questions (FAQ)	Answers
<b>What is a Fully Integrated Duals Advantage for individuals with Intellectual and Developmental Disabilities (FIDA-IDD) Plan?</b>	A Fully Integrated Duals Advantage for individuals with Intellectual and Developmental Disabilities (FIDA-IDD) Plan is an organization made up of doctors, hospitals, pharmacies, providers of long-term services, developmental disability service providers, and other providers. It also has Care Managers and Interdisciplinary Teams to help you plan and manage all your providers and services. They all work together to provide the care you need. PHP Care Complete FIDA-IDD Plan is a FIDA-IDD Plan that provides benefits of Medicaid and Medicare to Participants in the FIDA-IDD Demonstration.



**If you have questions**, please call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483 and TTY users call 711, 8 AM to 8 PM, seven days a week. The call is free. **For more information**, visit [www.phpcares.org](http://www.phpcares.org).

## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Frequently Asked Questions (FAQ)	Answers
<b>What is a PHP Care Complete FIDA-IDD Plan Care Manager and Interdisciplinary Team (IDT)?</b>	<p>A PHP Care Complete FIDA-IDD Plan Care Manager is one main person that you may contact. This person helps manage all your providers and services and makes sure you get what you need. This person is part of your Interdisciplinary Team (IDT), which also includes:</p> <ul style="list-style-type: none"><li>▪ You and your caregiver/guardian or designee(s);</li><li>▪ Your primary providers of Developmental Disability services, who have knowledge of your desired outcomes and service needs;</li><li>▪ Additional individuals, including:<ul style="list-style-type: none"><li>○ Your Primary Care Provider (PCP) or a designee from your PCP's office (or practice) who has clinical experience and knowledge of your needs;</li><li>○ Your Behavioral Health (BH) Professional, if you have one, or a designee from your BH Professional's office (or practice) who has clinical experience and knowledge of your needs;</li><li>○ Your home care aide(s), or a designee with clinical experience from the home care agency who has knowledge of your needs, if you are getting home care and approve the home care aide/designee's participation on the IDT;</li><li>○ A clinical representative from your Intermediate Care Facility (ICF), if getting ICF care; and</li><li>○ Other providers either as you or your caregiver/guardian or designee ask for or as recommended by the IDT members as necessary for adequate care planning and approved by you or designee.</li></ul></li></ul>
<b>What are long-term services and supports?</b>	<p>Long-term services and supports are help for people who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing facility or hospital.</p>
<b>Is Self-Direction an option for me?</b>	<p>If you are enrolled in the Office for People With Developmental Disabilities Home and Community Based Services 1915(c) waiver, you have the option to self-direct certain developmental disability services and supports.</p>



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Frequently Asked Questions (FAQ)	Answers
<b>Can I direct my own care or hire my own aides?</b>	You have the right to choose to direct your own care by selecting Consumer Directed Personal Assistance Services (CDPAS). Through CDPAS, you can hire your own aides and make other decisions about how to get services.
<b>Will I get the same Medicare and Medicaid benefits in PHP Care Complete FIDA-IDD Plan that I get now?</b>	<p>You will get your covered Medicare and Medicaid benefits directly from PHP Care Complete FIDA-IDD Plan. You will work with a team of providers who will help determine what services will best meet your needs. This means that some of the services you get now may change. You will get almost all of your covered Medicare and Medicaid benefits directly from PHP Care Complete FIDA-IDD Plan, but you will get Hospice Services the same way you do now, outside of the plan.</p> <p>When you enroll in PHP Care Complete FIDA-IDD Plan, you and your Interdisciplinary Team (IDT) will work together to develop a Life Plan (LP) to address your health and support needs. When you first enroll in PHP Care Complete FIDA-IDD Plan, you can keep seeing your doctors and getting your current services for 90 days, or until your LP is complete, whichever is later. However, you can choose to begin getting services in accordance with your approved Life Plan prior to 90 days. When you join our plan, if you are taking any Medicare Part D prescription drugs that PHP Care Complete FIDA-IDD Plan does not normally cover, you can get a temporary supply. We will help you get another drug or get an exception for PHP Care Complete FIDA-IDD Plan to cover your drug, if medically necessary.</p>



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Frequently Asked Questions (FAQ)	Answers
<b>Can I go to the same doctors I see now?</b>	<p>Often that is the case. If your providers (including doctors, therapists, developmental disability service providers and pharmacies) work with PHP Care Complete FIDA-IDD Plan and have a contract with us, you can keep going to them. Providers with an agreement with us are “in-network.” You must use the providers in PHP Care Complete FIDA-IDD Plan’s network, unless PHP Care Complete FIDA-IDD Plan or your IDT has authorized you to see an out-of-network provider. If you need urgent or emergency care or out-of-area dialysis services, you can use providers outside of PHP Care Complete FIDA-IDD Plan’s plan.</p> <p>To find out if your doctors and service providers are in the plan’s network, call Participant Services or read PHP Care Complete FIDA-IDD Plan’s Provider and Pharmacy Directory.</p> <p>If PHP Care Complete FIDA-IDD Plan is new for you, you can continue seeing the doctors and service providers you go to now for 90 days or until your Life Plan is complete, whichever is later. However, you can choose to begin getting services in accordance with your approved Life Plan prior to 90 days.</p> <p>If you currently get behavioral health services, your Interdisciplinary Team (IDT) will review your current episode of care to decide if you can continue the services with the same provider you see now. If they or PHP Care Complete FIDA-IDD Plan decide you can see the same provider you see now, you will be able to see that provider for 24 months following your enrollment in PHP Care Complete FIDA-IDD Plan.</p>
<b>What happens if I need a service but no one in PHP Care Complete FIDA-IDD Plan’s network can provide it?</b>	<p>Most services will be provided by our network providers. If you need a service that cannot be provided within our network, PHP Care Complete FIDA-IDD Plan will pay for the cost of an out-of-network provider.</p>
<b>Where is PHP Care Complete FIDA-IDD Plan available?</b>	<p>The service area for this plan includes: Bronx, Kings/Brooklyn, Nassau, Manhattan, Queens, Richmond, Rockland, Suffolk, and Westchester Counties, New York You must live in one of these counties to join the plan.</p>



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Frequently Asked Questions (FAQ)	Answers
<b>Do I pay a monthly amount (also called a premium) under PHP Care Complete FIDA-IDD Plan?</b>	You will not pay any monthly premiums to PHP Care Complete FIDA-IDD Plan for your coverage. You also will not have any copays or other costs when you get care from network providers.
<b>What is prior authorization?</b>	<p>Prior authorization means that you must get approval from PHP Care Complete FIDA-IDD Plan or your Interdisciplinary Team (IDT) before you can get a specific service, item, or drug or before you can see an out-of-network provider. PHP Care Complete FIDA-IDD Plan may not cover the service, item, or drug if you don't get approval from PHP Care Complete FIDA-IDD Plan or your IDT. A small number of services require prior authorization by a specialist and not by PHP Care Complete FIDA-IDD Plan or your IDT. Please refer to Chapter 4 of your Participant Handbook for more information. PHP Care Complete FIDA-IDD Plan can also provide you with a list of services or procedures that require you to get prior authorization from a provider other than your IDT.</p> <p>Some services do not require any prior authorization, such as emergency or urgently needed care, out-of-area dialysis services, primary care provider visits, and women's health specialist services. For the full list of services that do not require prior authorization, please see Chapter 4 of your Participant Handbook or call PHP Care Complete FIDA-IDD Plan.</p>
<b>What is a referral?</b>	A referral means that your Primary Care Provider gives you approval to see a provider other than your Primary Care Provider. Referrals are not necessary in PHP Care Complete FIDA-IDD Plan and will not be required. However, prior authorization rules must be followed.



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Frequently Asked Questions (FAQ)	Answers
<b>Who should I contact if I have questions or need help?</b>	<p><b>If you have general questions or questions about our plan, services, service area, billing, or Participant ID Cards, please call PHP Care Complete FIDA-IDD Plan Participant Services:</b></p> <p><b>CALL</b> 1-855-747-5483</p> <p>Calls to this number are free. The hours are from 8 AM to 8 PM, seven days a week.</p> <p>Participant Services also has free language interpreter services available for people who do not speak English.</p> <p><b>TTY</b> 711</p> <p>This number is for people who have hearing or speaking problems. You must have special telephone equipment to call it.</p> <p>Calls to this number are free. The hours are from 8 AM to 8 PM, seven days a week.</p> <p><b>If you have questions about your health, please call the Nurse Advice Call line:</b></p> <p><b>CALL</b> 1-855-769-2507</p> <p>Calls to this number are free. The Nurse Advice Call Line is available 24 hours a day, seven days a week.</p> <p><b>TTY</b> 711</p> <p>This number is for people who have hearing or speaking problems. You must have special telephone equipment to call it.</p> <p>Calls to this number are free. The Nurse Advice Call Line TTY is available 24 hours a day, seven days a week.</p>



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

The following chart is a quick overview of what services you may need, your costs and rules about the benefits.

Health need or problem	Services you may need	Your costs for <u>in-network</u> providers	Limitations, exceptions, & benefit information (rules about benefits)
<b>You want to see a doctor</b>	Visits to treat an injury or illness	\$0	No prior authorization required.
	Wellness visits, such as a physical	\$0	No prior authorization required.
	Transportation to a doctor's office	\$0	No prior authorization required.
	Specialist care	\$0	No prior authorization required.
	Care to keep you from getting sick, such as flu shots	\$0	No prior authorization required.
	"Welcome to Medicare" preventive visit (one time only)	\$0	No prior authorization required.
<b>You need medical tests</b>	Lab tests, such as blood work	\$0	No prior authorization required.
	X-rays or other pictures, such as CAT scans	\$0	No prior authorization required.
	Screening tests, such as tests to check for cancer	\$0	No prior authorization required.



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Health need or problem	Services you may need	Your costs for <u>in-network</u> providers	Limitations, exceptions, & benefit information (rules about benefits)
<b>You need drugs to treat your illness or condition</b>	Generic drugs (no brand name)	\$0 for a 30-day supply.	There may be limitations on the types of drugs covered. Please see PHP Care Complete FIDA-IDD Plan's List of Covered Drugs (Drug List) for more information.
	Brand name drugs	\$0 for a 30-day supply.	There may be limitations on the types of drugs covered. Please see PHP Care Complete FIDA-IDD Plan's List of Covered Drugs (Drug List) for more information.
<b>You need drugs to treat your illness or condition (continued)</b>	Over-the-counter drugs	\$0	PHP Care Complete FIDA-IDD Plan covers some OTC drugs when they are written as prescriptions by your provider. Please see PHP Care Complete FIDA-IDD Plan's List of Covered Drugs (Drug List) for more information.
	Medicare Part B prescription drugs	\$0	Part B drugs include drugs given by your doctor in his or her office, some oral cancer drugs, and some drugs used with certain medical equipment. Read the Participant Handbook for more information on these drugs.
<b>You need therapy after a stroke or accident</b>	Occupational, physical, or speech therapy	\$0	Prior authorization by your IDT may be required.
<b>You need emergency care</b>	Emergency room services	\$0	Emergency room services are covered whether you are in or outside of PHP Care Complete FIDA-IDD Plan's service area. No prior authorization is required for these services.
	Ambulance services	\$0	No prior authorization required.



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Health need or problem	Services you may need	Your costs for <u>in-network</u> providers	Limitations, exceptions, & benefit information (rules about benefits)
	Urgent care	\$0	Urgent care services are covered whether you are in or outside of PHP Care Complete FIDA-IDD Plan's service area. No prior authorization is required for these services.
<b>You need hospital care</b>	Hospital stay	\$0	PHP Care Complete FIDA-IDD Plan must be notified within 24 hours of an emergency admission. A Private Room for Inpatient Hospitalization is covered.
	Doctor or surgeon care	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
<b>You need help getting better or have special health needs</b>	Rehabilitation services	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
	Medical equipment for home care	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
	Skilled nursing care	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
<b>You need eye care</b>	Eye exams	\$0	One eye exam is covered every 2 years.
	Glasses or contact lenses	\$0	Covered once every two years.
<b>You need dental care</b>	Dental check-ups	\$0	Covered once every six months.
<b>You need hearing/auditory services</b>	Hearing screenings	\$0	No prior authorization required.
	Hearing aids	\$0	Prior authorization by PHP Care Complete FIDA-IDD Plan may be required.
<b>You have a chronic condition, such as diabetes or heart disease</b>	Services to help manage your disease	\$0	No prior authorization required.
	Diabetes supplies and services	\$0	No prior authorization required. A script is required from your provider to order supplies.



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Health need or problem	Services you may need	Your costs for <u>in-network</u> providers	Limitations, exceptions, & benefit information (rules about benefits)
<b>You have a mental health condition</b>	Mental or behavioral health services	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
<b>You have a substance abuse problem</b>	Substance abuse services	\$0	No prior authorization required. Doctor's order required for Inpatient Substance Abuses and Rehabilitation.
<b>You need long-term mental health services</b>	Inpatient care for people who need mental health care	\$0	No prior authorization required.
<b>You need durable medical equipment (DME)</b>	Wheelchairs	\$0	Prior authorization by your IDT may be required.
	Nebulizers	\$0	Prior authorization by your IDT may be required.
	Crutches	\$0	Prior authorization by your IDT may be required.
	Walkers	\$0	Prior authorization by your IDT may be required.
	Oxygen equipment and supplies	\$0	Prior authorization by your IDT may be required.
<b>You need help living at home</b>	Home services, such as cleaning or housekeeping	\$0	Prior authorization by your IDT may be required. Home Services are included under Personal Care Assistant Benefit.
	Personal care assistant (You may be able to employ your own assistant. Call Participant Services for more information.)	\$0	Prior authorization by your IDT may be required.
	Home health care services	\$0	Prior authorization by your IDT may be required.



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## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

Health need or problem	Services you may need	Your costs for <u>in-network</u> providers	Limitations, exceptions, & benefit information (rules about benefits)
	Services to help you live on your own	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
	Adult day services or other support services	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
<b>You need a place to live with people available to help you</b>	Intermediate Care Facility	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.
	Nursing facility care	\$0	Prior authorization by your IDT or PHP Care Complete FIDA-IDD Plan may be required.



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# PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

## **Waiver services that PHP Care Complete FIDA-IDD Plan covers**

In addition, individuals enrolled in the Office for People With Developmental Disabilities Home and Community Based Services 1915(c) waiver program can get the services listed below. Call Participant Services or read the Participant Handbook to find out about other covered services.

<b>Other services covered by PHP Care Complete FIDA-IDD Plan</b>	<b>Your costs for <u>in-network</u> providers</b>
Community Habilitation	\$0
Day Habilitation – Group	\$0
Day Treatment	\$0
Pathway to Employment	\$0
Prevocational Services	\$0
Respite	\$0
Self-Directed Services	\$0
Supervised/Supportive IRAs	\$0
Supported Employment (SEMP)	\$0



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# PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

## **Benefits covered outside of PHP Care Complete FIDA-IDD Plan**

This is not a complete list. Call Participant Services to find out about other services not covered by PHP Care Complete FIDA-IDD Plan but available through Medicare or Medicaid.

<b>Benefits covered outside of PHP Care Complete FIDA-IDD Plan</b>	<b>Your costs</b>
Hospice services – covered by Medicare/Medicaid Fee-for-Service	
Freestanding Birth Center Services	

## **Services that PHP Care Complete FIDA-IDD Plan, Medicare, and Medicaid do not cover**

This is not a complete list. Call Participant Services to find out about other excluded services.

<b>Other services <u>not</u> covered by PHP Care Complete FIDA-IDD Plan, Medicare, or Medicaid</b>	
Acupuncture	
Plastic or Reconstructive Surgery	



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# PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

## **Your rights as a Participant of the plan**

As a Participant of PHP Care Complete FIDA-IDD Plan, you have certain rights. You can exercise these rights without being punished. You can also use these rights without losing your services from PHP Care Complete FIDA-IDD Plan. We will tell you about your rights at least once a year. For more information on your rights, please read the Participant Handbook. This is not a complete list of all your rights. Your rights include, but are not limited to, the following:

- **You have a right to respect, fairness, and dignity.** This includes the right to:
  - Get covered services without concern about race, ethnicity, national origin, religion, gender, age, mental or physical disability, sexual orientation, genetic information, ability to pay, or ability to speak English
  - Get information in other formats (e.g., large print, braille, audio)
  - Be free from any form of physical restraint or seclusion
  - Not be billed by network providers
  - Have your questions and concerns answered completely and courteously
  - Freely apply your rights without any negative effect on the way PHP Care Complete FIDA-IDD Plan or your provider treats you
- **You have the right to get information about your health care.** This includes information on treatment and your treatment options. This information should be in a format you can understand. These rights include getting information on:
  - Description of the services we cover
  - How to get services
  - How much services will cost you
- **You have the right to respect, fairness, and dignity.** This includes the right to:
  - Names of providers and care managers
- **You have the right to make decisions about your care, including refusing treatment.** This includes the right to:
  - Choose a Primary Care Provider (PCP) and you can change your PCP at any time
  - Participate in Interdisciplinary Team meetings about your care
  - Get your covered services and drugs quickly
  - Know about all treatment options, no matter what they cost or whether they are covered
  - Refuse treatment, even if your doctor advises against it
  - Stop taking medicine
  - Ask for a second opinion. PHP Care Complete FIDA-IDD Plan will pay for the cost of your second opinion visit
  - Create and apply an advance directive, such as a living will or health care proxy
- **You have the right to timely access to care that does not have any communication or physical access barriers.** This includes the right to:
  - Get medical care timely



**If you have questions**, please call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483 and TTY users call 711, 8 AM to 8 PM, seven days a week. The call is free. **For more information**, visit [www.phpcares.org](http://www.phpcares.org).

## PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

- Get in and out of a health care provider's office. This means barrier free access for people with disabilities, in accordance with the Americans with Disabilities Act
- Have interpreters to help with communication with your doctors and your health plan
- **You have the right to seek emergency and urgent care when you need it.** This means you have the right to:
  - Get emergency services without prior approval in an emergency
  - See an out of network urgent or emergency care provider, when necessary
- **You have a right to confidentiality and privacy.** This includes the right to:
  - Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected
  - Have your personal health information kept private
  - Direct your own care or hire your own aides through Consumer-Directed Personal Assistance Services
- **You have the right to make complaints about your covered services or care.** This includes the right to:
  - File a complaint or grievance against us or our providers
  - Get a detailed reason for why services were denied

For more information about your rights, you can read the PHP Care Complete FIDA-IDD Plan Participant Handbook. If you have questions, you can also call PHP Care Complete FIDA-IDD Plan Participant Services.



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# PHP Care Complete FIDA-IDD Plan: **Summary of Benefits**

## **If you have a complaint or think we should cover something we denied**

- If you have a complaint or think PHP Care Complete FIDA-IDD Plan should cover something we denied, call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483 and 711 for TTY users during the hours of 8AM to 8PM, seven days a week. The call is free. You may be able to appeal our decision.
- For questions about grievances (complaints) and appeals, you can read Chapter 9 of the PHP Care Complete FIDA-IDD Plan Participant Handbook. You can also call PHP Care Complete FIDA-IDD Plan Participant Services at the number at the bottom of this page.
- Additionally, you can get help from the Independent Consumer Advocacy Network (ICAN). ICAN can give you free, confidential assistance on any services offered by PHP Care Complete FIDA-IDD Plan, including any problems getting quality care. ICAN may be reached at 1-844-614-8800 (TTY users, call 711) or online at [icannys.org](http://icannys.org).
- Contact PHP Care Complete FIDA-IDD Plan's Participant Services if you have a complaint, grievance, or an appeal

## **If you suspect fraud**

- Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.
- If you think a doctor, hospital or other pharmacy is doing something wrong, please contact us.
  - Call us at PHP Care Complete FIDA-IDD Plan Participant Services. Phone numbers are on the cover of this summary.
  - Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.



**If you have questions**, please call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483 and TTY users call 711, 8 AM to 8 PM, seven days a week. The call is free. **For more information**, visit [www.phpcares.org](http://www.phpcares.org).

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